



MD, UofC, 2005 FRCPC, UofA 2012

### SPECIAL INTERESTS:

- Team based outpatient care
- Quality Improvement
- Address physician burnout
- Long term health care sustainability

# MICHELLE TEO

for Board of Directors (Specialist)

Community Rheumatologist



### About me:

I am passionate about developing and implementing team-based models of care in outpatient-based clinics for both GPs and specialists. This improves access to patient care, addresses job satisfaction by decreasing physician burn out and reduces health care costs.

Many models exist for team based care, I believe that there needs to be an option for fee-for-service physicians who do not have access to government/health authority funded programs and support.

Since I started my practice in 2013, I have used quality improvement to refine my model to what it is today, which includes six nurses and two office staff. I now spend significant non-clinical time sharing the success of my model on a local, provincial, and national scale, while acting as a coach/mentor to those who wish to adopt it.

## Leadership Timeline



## **LEADERSHIP QUALITIES**

- Respectfully and fearlessly voice the issues and concerns of the membership
- Lead by listening and asking questions
- Foster change with an open, flexible and strategic approach

#### LEGEND:

	2020 - Current	Canadian Rheumatology Models of Care Steering Committee
	2020 - Current	Interior Health Quality Improvement & Spread Committee
	2018 - Current	Canadian Rheumatology Association Board Education Committee
	2018 - Current	BC Society of Rheumatologist Board Member
	2016 - Current	Canadian Rheumatology Association Board Member
	2015 - Current	South Okanagan & Similkameen Shared Care Steering Committee
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