

RESOURCES FOR LEARNING MORE ABOUT EQUITY, DIVERSITY, AND INCLUSION

Note: Sharing of these resources is not an endorsement by Doctors of BC and the views expressed in the resources do not reflect the views of Doctors of BC. We are sharing these as a resource to learn more about this topic.

Resource Type	Source	Free/Paid	Description
Courses	Microsoft	Free	A self-guided online course about Unconscious Bias in the workplace.
	University of Alberta – Indigenous Canada	Free	A 12 week course that explores Indigenous histories and contemporary issues in Canada. The course is offered from an Indigenous perspective and explores key issues facing Indigenous peoples today from a historical and critical perspective highlighting national and local Indigenous-settler relations.
	Hollaback – Bystander Intervention Training	Free	Provides resources and free online training on by-stander intervention to help people learn how to address and stop all forms of harassment.
	San’Yas Indigenous Cultural Safety Training	Paid	A CME accredited course that provides an introduction to health care challenges faced by Indigenous populations and how to provide care that is culturally safe.
	Heart Collaborative – EDI Training	Paid	EDI training provided by a group of racialized interdisciplinary health professionals and Diversity, Inclusion & Equity educators that came together after identifying the need for a healthcare-specific anti-racism training in British Columbia
	Resilience BC’s Anti-Racism Network: Rain Daniels and Chelsey Branch	Paid	Indigenous-specific anti-racism training and workshop facilitation with a focus on explaining impacts of colonialism. Includes expertise on bystander and de-escalation training and decolonization practices.
Videos	Ted Talk – Arwa Mahdawi	Free	A humorous introduction on how to achieve workplace diversity.
	Ted Talk – Kimberlé Crenshaw	Free	An introduction to the concept of intersectionality and its importance.

	Indigenous Cultural Safety Collaborative Learning Series	Free	A series of webinars on various topics related to racism and cultural safety.
	BC Patient Safety & Quality Council – Cultural Safety Action Series	Free	A series of videos and webinars to support health care workers in learning about cultural safety and humility for Indigenous patients.
	Fraser Health: Territory Acknowledgement Protocol	Free	A short video produced by Fraser Health that features Len Pierre, the Indigenous Cultural Safety Coordinator, speaking about significance and meaning of territory acknowledgements.
Toolkits	Canadian Centre for Diversity and Inclusion	Free	Toolkits for different topics related to equity, diversity, and inclusion.
	University of Southern California – Diversity Toolkit	Free	Toolkit to help facilitate conversations around identity, power, and privilege.
Resources	Association of American Medical Colleges	Free	A list of resources on EDI, many applicable to medicine.
	BC College of Family Physicians	Free	A list of resources on anti-racism.
	Resilience BC Anti-Racism Network – Anti-Racism Tools	Free	A list of tools, information, and resources to learn about and practice anti-racism.
	Equity in Medicine – Resources & Conferences	Free	A group of physicians from across Canada with the mission to embed EDI in the culture of health care in Canada. Their site has resources and they routinely host conferences on topics related to EDI in healthcare.
Reading Materials	Key Moments in Indigenous History	Free	An infographic timeline of key dates and events in Indigenous history in Canada.
	UBC – Indigenous Peoples Language Guidelines	Free	A guidebook to respectful and appropriate terminology when communicating about Indigenous peoples.
	National Centre for Truth and Reconciliation	Free	Includes the Truth and Reconciliation reports and calls to action.

	United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP)	Free	PDF copy of UNDRIP
	BCMJ – Systemic Racism in Medicine	Free	Article commenting on the impact of systemic racism in medicine.
	CMA – Equity and Diversity in Medicine	Free	CMA policy on EDI in medicine.