

RESOURCES FOR LEARNING MORE ABOUT EQUITY, DIVERSITY, AND INCLUSION & INDIGENOUS CULTURAL SAFETY

Note: Sharing of these resources is not an endorsement by Doctors of BC and the views expressed in the resources do not reflect the views of Doctors of BC. We are sharing these as a resource to learn more about this topic.

Resource Type	Source	Type	Free/Paid	Description
Courses	Microsoft	EDI	Free	A self-guided online course about Unconscious Bias in the workplace.
	University of Alberta – Indigenous Canada	Indigenous Knowledge	Free	A 12 week course that explores Indigenous histories and contemporary issues in Canada. The course is offered from an Indigenous perspective and explores key issues facing Indigenous peoples today from a historical and critical perspective highlighting national and local Indigenous-settler relations.
	Right to Be – Bystander Intervention Training	EDI	Free	Provides resources and free online training on by-stander intervention to help people learn how to address and stop all forms of harassment.
	SanYas Indigenous Cultural Safety Training	Indigenous Cultural Safety	Paid	A CME accredited course that provides an introduction to health care challenges faced by Indigenous populations and how to provide care that is culturally safe.
	Resilience BC's Anti-Racism Network: Rain Daniels and Chelsey Branch	EDI & Indigenous Cultural Safety	Paid	Indigenous-specific anti-racism training and workshop facilitation with a focus on explaining impacts of colonialism. Includes expertise on bystander and de-escalation training and decolonization practices.
	Cancer Care Ontario - Indigenous Relationship and Cultural Awareness Courses	Indigenous Knowledge & Cultural Safety	Free	13 courses designed to help individuals working with Indigenous peoples. The courses provide knowledge on the history and culture of First Nations, Inuit and Métis people and communities.
Videos	Ted Talk – Arwa Mahdawi	EDI	Free	A humorous introduction on how to achieve workplace diversity.

	Ted Talk – Kimberlé Crenshaw	EDI	Free	An introduction to the concept of intersectionality and its importance.
	Indigenous Cultural Safety Collaborative Learning Series	Indigenous Cultural Safety	Free	A series of webinars on various topics related to racism and cultural safety.
	BC Patient Safety & Quality Council – Cultural Safety Action Series	Indigenous Cultural Safety	Free	A series of videos and webinars to support health care workers in learning about cultural safety and humility for Indigenous patients.
	Fraser Health: Territory Acknowledgement Protocol	Indigenous Cultural Safety	Free	A short video produced by Fraser Health that features Len Pierre, the Indigenous Cultural Safety Coordinator, speaking about significance and meaning of territory acknowledgements.
Toolkits	Canadian Centre for Diversity and Inclusion	EDI	Free	Toolkits for different topics related to equity, diversity, and inclusion.
	University of Southern California – Diversity Toolkit	EDI	Free	Toolkit to help facilitate conversations around identity, power, and privilege.
Resources	Association of American Medical Colleges	EDI	Free	A list of resources on EDI, many applicable to medicine.
	BC College of Family Physicians	EDI	Free	A list of resources on anti-racism.
	Resilience BC Anti-Racism Network – Anti-Racism Tools	EDI	Free	A list of tools, information, and resources to learn about and practice anti-racism.
	Equity in Medicine – Resources & Conferences	EDI	Free	A group of physicians from across Canada with the mission to embed EDI in the culture of health care in Canada. Their site has resources and they routinely host conferences on topics related to EDI in healthcare.
	BC Patient Safety & Quality Council – Culturally Safe Engagement	Indigenous Cultural Safety	Free	Two tools to help better understand engagement with Indigenous communities.

	College of Physicians & Surgeons of BC – Cultural Safety Learning Resources	Indigenous Cultural Safety	Free	An extensive list of resources for learning about Indigenous Cultural Safety.
Reading Materials	Key Moments in Indigenous History	Indigenous Knowledge	Free	An infographic timeline of key dates and events in Indigenous history in Canada.
	UBC – Indigenous Peoples Language Guidelines	Indigenous Knowledge	Free	A guidebook to respectful and appropriate terminology when communicating about Indigenous peoples.
	National Centre for Truth and Reconciliation	Truth and Reconciliation	Free	Includes the Truth and Reconciliation reports and calls to action.
	United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP)	Truth and Reconciliation	Free	PDF copy of UNDRIP
	BCMJ – Systemic Racism in Medicine	EDI	Free	Article commenting on the impact of systemic racism in medicine.
	CMA – Equity and Diversity in Medicine	EDI	Free	CMA policy on EDI in medicine.