



**Dr. Simon W. Rabkin MD, BSc (Med), ABIM
FRCPC (Internal Medicine)
FRCPC (Cardiology), FCCS, FESC, FACC**

An Experienced Leader for Challenging Times

It is an honour to be **nominated for President elect of the Doctors of British Columbia**. The term of the office will be in challenging times during which there will either be an ongoing pandemic or more likely a Post-COVID-19 era with the need for physicians to address a multitude of issues:

- Availability of resources to practice medicine to deliver high quality medical care due to Government debt.
- Balancing work/life and addressing financial stress for physicians.
- Caring for the increasing number of older persons with multisystem diseases including degenerative diseases and the increasing mental health problems.
- Decreasing wait times, in all aspects of medicine from waiting times for testing, to specialty care and procedures including surgery.
- Expanding access to primary health care.
- Implementing an optimal Patient Medical Home team for physicians and patients.
- Dealing with health access and health outcome inequities stemming from the pandemic.
- Confronting the renegotiation of the Physician Government Master Agreement.
- Understanding and dealing with a health care landscape that is transforming rapidly with advances in technology, electronic medical records, virtual care and artificial intelligence.

Experience: I have had a range of experience that gives me the skills to address the many challenges we face. My positions as President Vancouver Community of Care Medical Dental and Allied Health Association (VGH, GF Strong, UBC Hospital and Community), President Hypertension Canada, President International Society of Hypertension 2010 Congress, and roles on boards and committees such as President Eric Hamber Foundation, Canadian Institutes for Health Research, VCH Medical Advisory Committee, UBC Grievance Committee, Doctors of BC Benefits Committee and leadership courses, have all provided me with the broad medical and operational leadership skills for negotiation and solving complex problems.

Medical Practice: Cardiology Vancouver Hospital, Family/general practice in Toronto, Churchill, Manitoba and Meru, Kenya. Professor of Medicine, University of British Columbia.

Creativity: Contributions to Medical Science: Over 280 papers or book chapters;

Founding member Canadian Hypertension education program guidelines; Current Chair subcommittee on management of hypertension in patients with cardiac disease;
Cofounder of Lipid Clinic now Healthy Heart Prevention Program St Paul's Hospital;
Started UBC Cardiology Continuing medical education program '*Hot Topics in Cardiology*'

Awards (Recognition) for Service: Silver Medal of Service, Doctors of BC, Distinguished Service Award
Hypertension Canada

Vision and Focus:

I am devoted to enhancing the ability of and well-being of physicians to make a difference in these challenging times. I will embrace efforts to improve the practice of medicine across BC including rural and urban regions and thereby improve the health of our patients and all British Columbians.

SUPPORTING PHYSICIANS: I will work to:

- ✓ Ensure adequate financial, personal, professional and technology support for all physicians
- ✓ Increase connections among physicians
- ✓ Create safe and healthy work environments
- ✓ improve capacity for work/life balance for urban and rural physicians

COLLABORATION AND ENGAGEMENT: As President of the Vancouver Community of Care Medical Dental and Allied Health Association I worked to enhance dialogue and engagement of physicians in their work settings, to strengthen the interface between the medical profession, institutions and health authorities, and to create avenues for greater collaboration. I am committed to continue this work.

LEADERSHIP AND EDUCATION/TRAINING: I believe it is crucial to enhance leadership skills for physicians and to provide opportunities for training, ongoing learning, and creativity. I will strongly support physicians to be at the forefront of innovation in medical care delivery in the Province. I will work to enhance physicians' voices and leadership roles in policy development that impact medical practice in institutions and in the community.

ADVOCATING for REAL CHANGE: I will be a strong advocate on behalf of all physicians to:

- ✓ Ensure physicians can practice and deliver high level of care
- ✓ Promote equity, diversity and inclusion
- ✓ Decrease wait times for tests and procedures
- ✓ Increase access to primary/community care
- ✓ Expand the role for physicians as leaders in innovation in medical practice and health care
- ✓ Expand role of physicians to solve problems in the community and our health care institutions such as the opioid crisis; and the post-COVID-19 recovery plans.
- ✓ Address the growing mental health issues in our communities of care
- ✓ Improve the medical care in long term care facilities
- ✓ Bring creative solutions to our challenging times

I am committed to supporting physicians, advocating for real change, and improving health care delivery by physicians in our Province that will lead to better quality of health care for all British Columbians.

Simon Rabkin: An Experienced Leader for Challenging Times